

ERL Publications and Activities

UKRAINE AND WAR · 2022–2026

This overview brings together Ewa Dobiąła's publications and presentations on Ukraine and war, related work by contributors to the 2025 Ukraine special issue of the International Journal of Psychotherapy, ERL documents, and the team's dissemination and retreats. Authorship is identified throughout. Where a source gives only a month or year, that level of date precision is retained.

1. PUBLICATIONS BY EWA DOBIĄŁA

Journal articles and book chapters

- Dobiąła, E. (2026). The vertical model of therapist stabilization (L1–L8) under chronic stress. *International Journal of Psychotherapy*, 30(2), 77–95. <https://doi.org/10.35075/AJNP8177>
- Dobiąła, E. (2026). The European Room for Listening as field resonance as an ethics of presence in times of war. *The Global Psychotherapist*, 6(1), 224–233. <https://doi.org/10.52982/kj306>
- Dobiąła, E. (2025). Building bridges in times of war. *International Journal of Psychotherapy*, 29(1), 9–25. <https://doi.org/10.35075/IJP.2025.29.1.2/Dobiąła>
- Dobiąła, E., & Kirillov, I. (2025). Transgenerational trauma with Positive and Transcultural Psychotherapy. In E. Messias & H. Peseschkian (Eds.), *Positive psychiatry, psychotherapy and psychology: Clinical applications for positive mental health* (2nd ed., pp. 631–641). Springer. https://doi.org/10.1007/978-3-031-94645-5_51
- Dobiąła, E. (2025). Positive Psychotherapy and Autism Spectrum Disorders. In E. Messias & H. Peseschkian (Eds.), *Positive psychiatry, psychotherapy and psychology: Clinical applications for positive mental health* (2nd ed., pp. 191–200). Springer. https://doi.org/10.1007/978-3-031-94645-5_17 [related clinical chapter]

Conference abstracts and professional publications

- Dobiąła, E. (2025). Sexual trauma among Ukrainian refugee children in Poland as a therapeutic and systemic challenge [Conference abstract]. *Journal of the American Academy of Child & Adolescent Psychiatry*, 64(10S), S15. <https://doi.org/10.1016/j.jaac.2025.07.218>
- Dobiąła, E. (2025, December 16). How one community created a safe space for Ukrainian children and their therapists: The Leszno Model. *IACAPAP Bulletin* (No. 80). <https://www.iacapap.org/news/how-one-community-created-a-safe-space-for-ukrainian-children-and-their-therapists-the-leszno-model.html>
- Dobiąła, E. (2023). Creating a safe space for Ukrainian refugee children [Conference abstract]. *Journal of the American Academy of Child & Adolescent Psychiatry*, 62(10S), S88. <https://doi.org/10.1016/j.jaac.2023.07.421>
- Gulczyńska, A., & Dobiąła, E. (2022). Sprawozdanie z Międzynarodowej Konferencji Naukowo-Szkoleniowej „W poszukiwaniu prawdy i człowieczeństwa w dobie wojny”, Leszno, 21–26.08.2022 roku. *Studia Edukacyjne*, 67, 131–135. <https://pressto.amu.edu.pl/index.php/se/article/download/40037/33711/89637> [co-authored report]

2. ARTICLES BY OTHER CONTRIBUTORS TO THE 2025 UKRAINE SPECIAL ISSUE

These are the other contributors' works in the International Journal of Psychotherapy special issue. They are listed here as related scholarship, not as Ewa Dobiąła's publications.

- Kaczmarek-Stożek, A. (2025). Trauma activation: To be involved or not? *International Journal of Psychotherapy*, 29(1), 29–37. <https://doi.org/10.35075/IJP.2025.29.1.3/Kaczmarek-Stożek>

- Lukova, M. (2025). On the bright side of war: The traumatic experience of war in Ukraine and the transformation of a psychotherapist's professional identity. *International Journal of Psychotherapy*, 29(1), 41–49. <https://doi.org/10.35075/IJP.2025.29.1.4/Lukova>
- Korniienko, Y., & Korniienko, I. (2025). Psychotherapeutic assistance to Ukrainians in Poland through psychosocial games using the Positum MGS method by Etion Parruca. *International Journal of Psychotherapy*, 29(1), 53–60. <https://doi.org/10.35075/IJP.2025.29.1.5/Korniienko/Korniienko>
- Ovcharek, K., Khanetska, N., Savchuk, O., & Korniienko, I. (2025). To join without mixing and to separate without destruction: Assimilation vs. adaptation of Ukrainian refugees. *International Journal of Psychotherapy*, 29(1), 63–69. <https://doi.org/10.35075/IJP.2025.29.1.6/Ovcharek/Khanetska/Savchuk>
- Hilova, L. (2025). Shadows of war in the light of life. *International Journal of Psychotherapy*, 29(1), 73–77. <https://doi.org/10.35075/IJP.2025.29.1.7/Hilova>
- Tyshchenko, M. (2025). Ethical dilemmas of a psychotherapist in wartime: Finding a balance between professional standards and reality. *International Journal of Psychotherapy*, 29(1), 81–86. <https://doi.org/10.35075/IJP.2025.29.1.8/Tyshchenko>
- Tyshchenko, M. (2025). Letter to Violetta [Reflective testimony]. *International Journal of Psychotherapy*, 29(1), 89–92.
- Rusanowska, M. (2025). Editorial. *International Journal of Psychotherapy*, 29(1), 5–7. <https://doi.org/10.35075/IJP.2025.29.1.1/Editorial>

3. RELATED PUBLICATION BY ERL COLLEAGUE

- Winkler, C. (2026). L'entraide collégiale en situation de guerre. Un espace de soutien existentiel. *Le Journal des psychologues*, 420, 33–38. <https://www.jdpsychologues.fr/article/l-entraide-collegiale-en-situation-de-guerre-un-espace-de-soutien-existentiel>

ERL Foundational Documents and Activities

DOCUMENTS · PRESENTATIONS · RETREATS

4. FOUNDATIONAL AND CONFERENCE DOCUMENTS

DATE / PERIOD	EVENT OR MATERIAL	DETAILS
21–26 Aug 2022	International Training and Science Conference, “In Search of Truth and Humanity in the Age of War,” Leszno.	Organised by WAPP Support Project Association with Ukrainian and international partners.
2022	Unpublished conference volume/ proceedings manuscript, “In Search of Truth and Humanity in the Age of War,” edited by Liudmyla Moskalenko, 262	The typeset PDF remains available online.
24 Nov 2023	International Conference “Providing Holistic Care for Survivors of Sexual Violence and Torture,” Leszno; the Leszno Declaration was presented and read.	Local coverage “Deklaracja odczytana” appeared on 27 Nov 2023; see online links below.

Online materials: [2022 conference volume](#) · [Leszno coverage and recording](#) · [Leszno Declaration](#)

5. PRESENTATIONS AND DISSEMINATION

DATE / PERIOD	EVENT OR MATERIAL	DETAILS
Oct 2023 · New York	AACAP presentation: “Creating a Safe Space for Ukrainian Refugee Children.”	Related conference abstract is listed in Section 1.
22 Mar 2024 · Istanbul	WAPP International Conference on Positive Psychotherapy: “War and Its Shadow: Challenges of Children and Adolescents’ Mental Health in Poland in the Time of the War in Ukraine.”	30-minute presentation; listed in the official WAPP programme and abstract book.
16 Oct 2024 · Seattle	AACAP Annual Meeting, Clinical Perspectives: “War Echoes and Mental Health Crisis for Ukrainian and Polish Youth.”	Presentation by Ewa Dobiąła; title page of the supplied presentation PDF.
13 Jun 2025	Ukrainian symposium: “Transkulturowy wymiar wojny: o słuchaniu, odpowiedzialności i wspólnym człowieczeństwie.”	Christina Winkler’s event list also names an EAP–EUAP symposium, “In Search of Truth and Humanity in Our Time,” on this date.
Jul 2025 · Vienna	World Congress for Psychotherapy: ERL presentation on the European Room for Listening and the Leszno Declaration. Contributors named in the presentation: Enver Cesko (Kosovo), Ewa Dobiąła (Poland), Vibeke Lubanski (Denmark), Liudmyla Moskalenko (Ukraine), and Christina Winkler (France).	The ERL presentation file is titled “European Room for Listening”; a related deck presents the Leszno Declaration.
10 Sep 2025 · online	WAPP Soul Evening: “Transcultural Perception of Reality in Times of War: How the War in Ukraine Reopened Transgenerational Wounds Across Europe.”	Online workshop with Ukrainian translation; presenter: Ewa Dobiąła.
Oct 2025 · Chicago	AACAP presentation: “Sexual Trauma Among Ukrainian Refugee Children in Poland as a Therapeutic and Systemic Challenge.”	Related conference abstract is listed in Section 1.
17 Oct 2025 · Prague	“Night for Ukraine: Bridges to Resilience.”	ERL colleague event listed by Christina Winkler.
24 Oct 2025 · Lviv	Symposium at Lviv University, Faculty of Psychology.	ERL colleague presentation listed by Christina Winkler.
14 Nov 2025	EAP–UAP symposium: presentation of a research project on the benefits of ERL summer retreats for participants.	Project presentation listed by Christina Winkler.
2025 · Los Angeles	APA conference: “Transcultural Perspectives with Tools of Positive Psychotherapy.”	The supplied presentation file identifies the title; the exact date is not specified.

6. ERL RETREATS AND ONGOING WORK

The European Room for Listening began as a monthly online space for Ukrainian psychotherapists to meet European colleagues and experience connection and attentive listening. In-person retreats followed, offering rest and support to mental health professionals affected by the war.

DATE / PERIOD	EVENT OR MATERIAL	DETAILS
Aug 2024	Retreats in Denmark, Poland, and France.	In-person support and restorative space for Ukrainian mental health professionals.
Aug 2025	Retreats in Denmark, Poland, and France.	Continuing the ERL retreat programme.
Aug–Sep 2026	Retreats in Poland (August) and France (September).	Ongoing ERL activities.