

European Room for Listening

SHARED WORK AND CONTRIBUTORS · 2022–2026

ERL is a shared European space for listening, professional connection and solidarity with Ukrainian psychotherapists during war. It began to take shape in 2023 after Ukrainian and Polish colleagues called for support from European psychotherapists. Colleagues from Poland, Ukraine, France, Denmark and Kosovo built a regular online room for Ukrainian psychotherapists to share experience and be heard.

A collective field, with clear authorship

This overview brings together collective ERL documents and presentations, and related writing by people in the ERL network. Collective work is credited to the team where the source identifies shared authorship. Individual publications and talks retain the names of their authors and presenters. Country labels follow professional affiliations or locations named in source materials; they are not inferred from names.

ERL colleagues and professional contexts

COUNTRY / CONTEXT	ERL COLLEAGUE
Poland	Ewa Dobiała WAPP Support Project Association; Leszno
Ukraine	Lyudmyla (Ludmila) Moskalenko Ukrainian Association of Positive and Transcultural Psychotherapy
France	Christina Winkler European Room for Listening; EAP
Denmark	Vibeke Lubanski Danish Association for Psychotherapy
Kosovo	Enver Cesko Kosovo Association for Psychotherapy

Roots and milestones

21–26 August 2022 · Leszno hosted “In Search of Truth and Humanity in the Age of War,” organised by Polish and Ukrainian psychotherapy organisations. This is part of ERL’s earlier professional context.

2022 · Unpublished conference proceedings manuscript, edited by Lyudmyla Moskalenko. The typeset volume remains available online: [conference proceedings](#).

March 2023 · At an EAP meeting, colleagues from Poland, Denmark, France and Kosovo responded to requests for support from Ukrainian and Polish colleagues.

June 2023 · The first online European Room for Listening meeting took place; regular monthly listening meetings followed.

24 November 2023 · A Leszno conference on holistic care for survivors of sexual violence and torture accompanied the first signing and public reading of the Leszno Declaration.

Collective ERL work

March 2024 · EAP meeting · European Room for Listening: shared presentation on the origins, listening room, feedback from Ukrainian colleagues and next steps.

ERL working group presentation; the supplied deck is dated 16 March 2024.

24 November 2023 · Leszno · Leszno Declaration, in support of people affected by war and mental-health professionals.

Collective contribution by Ewa Dobiąła (Poland), Lyudmyla Moskalenko (Ukraine), Christina Winkler (France), Vibeke Lubanski (Denmark) and Enver Cesko (Kosovo); first signed and read aloud in Leszno. [Source](#)

July 2025 · Vienna · World Congress for Psychotherapy: European Room for Listening and the Leszno Declaration.

Collective presentation credited in the deck to Enver Cesko (Kosovo), Ewa Dobiąła (Poland), Vibeke Lubanski (Denmark), Lyudmyla Moskalenko (Ukraine) and Christina Winkler (France).

2024–2026 · Denmark, Poland, France · ERL restorative retreats for Ukrainian psychotherapists and other mental-health professionals.

The retreat series is a shared ERL activity: Denmark, Poland and France in August 2024 and August 2025; Poland in August 2026 and France in September 2026.

Writing connected with ERL

The overall page presents a shared ERL field, while each text retains the byline of the person or people who wrote it. The following works are not presented as co-authored by the whole ERL group.

[The European Room for Listening as Field Resonance as an Ethics of Presence in Times of War](#)

Ewa Dobiąła (individual article; Poland) · 2026 · The Global Psychotherapist, 6(1), 224–233.

[L'entraide collégiale en situation de guerre. Un espace de soutien existentiel](#)

Christina Winkler (individual article; France) · 2026 · Le Journal des psychologues, 420, 33–38.

[The Vertical Model of Therapist Stabilization \(L1–L8\) Under Chronic Stress](#)

Ewa Dobiąła (individual article; Poland) · 2026 · International Journal of Psychotherapy, 30(2), 77–95. Related to therapist stabilization; not a collective ERL-authored paper.

[How One Community Created a Safe Space for Ukrainian Children and Their Therapists: The Leszno Model](#)

Ewa Dobiąła (individual article; Poland) · 2025 · IACAPAP Bulletin, No. 80.

[Transgenerational Trauma with Positive and Transcultural Psychotherapy](#)

Ewa Dobiąła and Ivan Kirillov · 2025 · Book chapter.

The 2025 Ukraine at War special issue

The International Journal of Psychotherapy special issue brings together distinct contributions from the wider Ukrainian and European psychotherapy community. Each article has its own credited author or authors; these papers are not collectively authored by ERL.

Polish professional context

[Editorial](#)

Marzena Rusanowska (Poland; IJP co-editor) · International Journal of Psychotherapy, 29(1), pp. 5–6 (Spring 2025)

[Building Bridges in Times of War](#)

Ewa Dobiąła (Poland) · International Journal of Psychotherapy, 29(1), pp. 9–25 (Spring 2025)

[Trauma Activation: To be involved or not?](#)

Agata Kaczmarek-Stożek (Polish professional affiliation stated in the issue) · International Journal of Psychotherapy, 29(1), pp. 29–37 (Spring 2025)

Ukrainian professional context

[On the Bright Side of War: The traumatic experience of war in Ukraine and the transformation of a psychotherapist's professional identity](#)

Maiia Lukova (psychosocial-support work in Ukraine, as stated in the issue) · International Journal of Psychotherapy, 29(1), pp. 41–49 (Spring 2025)

[Shadows of War in the Light of Life](#)

Larysa Hilova (Ukrainian professional affiliation stated in the issue) · International Journal of Psychotherapy, 29(1), pp. 73–77 (Spring 2025)

Ukraine-Poland professional context

[Psychotherapeutic Assistance to Ukrainians in Poland through Psychosocial Games using the Positum MGS Method by Etion Parruca](#)

Yuliia and Illia Korniienko (Ukrainian specialists working in Leszno, Poland, as stated in the issue) · International Journal of Psychotherapy, 29(1), pp. 53–60 (Spring 2025)

[To Join Without Mixing and to Separate Without Destruction: Assimilation vs. Adaptation of Ukrainian Refugees](#)

Kateryna Ovcharek, Natalia Khanetska, Olena Savchuk and Illia Korniienko (cross-border Ukrainian and Poland-based professional context in the article) · International Journal of Psychotherapy, 29(1), pp. 63–69 (Spring 2025)

Country not specified in the cited author information

[Ethical Dilemmas of a Psychotherapist in Wartime: Finding a Balance between Professional Standards and Reality](#)

Mariia Tyshchenko · International Journal of Psychotherapy, 29(1), pp. 81–86 (Spring 2025)

Letter to Violetta

Mariia Tyshchenko · International Journal of Psychotherapy, 29(1), pp. 89–92 (Spring 2025)

Country headings follow locations or professional affiliations stated in the issue. Entries without a clear country in the cited author information are kept separate rather than assigned by inference.

Presentations and shared dissemination

October 2023 · New York · AACAP: Creating a Safe Space for Ukrainian Refugee Children.

Presenter: Ewa Dobiąła (Poland); individual presentation.

22 March 2024 · Istanbul · WAPP: War and Its Shadow: Challenges of Children and Adolescents' Mental Health in Poland in the Time of the War in Ukraine.

Presenter: Ewa Dobiąła (Poland); individual presentation.

14 June 2024 · online · Ukrainian and European Psychotherapy Alliance Fifth Symposium, Relationships in the Time of War: The Importance of Trans-national Relationships in the Time of War.

Presenter: Vibeke Lubanski, speaking from the ERL perspective (Denmark).

16 October 2024 · Seattle · AACAP: War Echoes and Mental Health Crisis for Ukrainian and Polish Youth.

Presenter: Ewa Dobiąła (Poland); individual presentation.

13 June 2025 · Ukrainian symposium: Transkulturowy wymiar wojny: o słuchaniu, odpowiedzialności i wspólnym człowieczeństwie.

Presenter: Ewa Dobiąła (Poland); individual presentation.

July 2025 · Vienna · World Congress for Psychotherapy: European Room for Listening and the Leszno Declaration.

Collective presentation by the five ERL colleagues named in the deck; see collective outputs above.

10 September 2025 · online · WAPP Soul Evening: Transcultural Perception of Reality in Times of War: How the War in Ukraine Reopened Transgenerational Wounds Across Europe.

Presenter: Ewa Dobiąła (Poland); the talk drew on ERL work and the Leszno Declaration.

October 2025 · Chicago · AACAP: Sexual Trauma Among Ukrainian Refugee Children in Poland as a Therapeutic and Systemic Challenge.

Presenter: Ewa Dobiąła (Poland); individual presentation.

2025 · Los Angeles · APA: Transcultural Perspectives with Tools of Positive Psychotherapy.

Presenter: Ewa Dobiąła (Poland); individual presentation connected to the wider professional context.

17 October 2025 · Prague · Night for Ukraine: Bridges to Resilience.

Presentation/event credited to Christina Winkler (France) in her activity list.

24 October 2025 · Lviv · Symposium at Lviv University, Faculty of Psychology.

Presentation credited to Christina Winkler (France) in her activity list.

14 November 2025 · EAP-UAP symposium: research project on the benefits of ERL summer retreats for participants.

Project presentation credited to Christina Winkler (France) in her activity list.

ERL meetings, retreats and public documents

The ERL online room is a regular meeting space for Ukrainian psychotherapists and European colleagues. Its development has included presentations at EAP and psychotherapy conferences, the Leszno Declaration, and in-person retreats. Retreats took place in Denmark, Poland and France in August 2024 and August 2025, in Poland in August 2026, and in France in September 2026.

Selected source links

[ERL founders and structure](#)

[EAP symposium programme and Vibeke Lubanski presentation](#)

[2025 International Journal of Psychotherapy issue](#)

[Leszno Declaration](#)

[WAPP Soul Evening 2025](#)